PARISH PILGRIMAGE TO MEDJOURGE:

Direct from Cork, leaving Saturday, 25th August 2012. €649 for 1 week. To secure your seat, a €50 deposit must be paid. For those who have paid this deposit of €50 by the 19th of Feb, they will also get €50 off their full fare. Spiritual Director is Fr. Michael Fitzgerald P.P. If you are interested Eileen Hyland at (086) 3044456 and she will give you full details. Please book early as spaces are limited.

Ballygiblin Parents Council is hosting a **Family Information Night** on **Tuesday, 31st January in Ballygiblin School at 7.30pm.**

Speakers on Nutrition, Health, Back Care, Budgeting and Family Pets.

Donations only. Raffle and light refreshments on the night.

Mitchelstown Tennis club are hosting another Mid Term tennis camp with Sinead Dunne, Munster coach. The camp will be held on Tuesday 14th to Friday 17th inc. Times 11 to 12, 12 to 1. and 1 to 2. The usual age groups apply to each hour. Weather pending each day. Membership for 2012 now due and if you join as a member for 2012 we will give the coaching free. A fantastic offer without a doubt. Membership for the year 2012 as follows. Junior 35 euro. Adult 70 euro and a family 100 Euro. This is really unreal value compared to many other clubs. We also have fantastic news as we are announcing complete renovation of our courts. The first week of March will see the diggers move in and we will be replacing the old courts with Tiger Turf (all weather). This is brilliant news for our club. So if you would like to take part in the Mid Term camp please contact Joanne on 087 9181496 or Catherine on 086 2487454.

Mitchelstown Area Community Games Invite to participate / assist affordable Culture & Sport activities. Age after 31.7.12

Saturday Feb 25 @ CBS: Table Quiz under 14 (2per team); Project under 11, 13, 16 (2-4 per team),

Sat March 3rd @ CBs - Chess u12, 16; Art u8-16 & Model Making & u10 Handwriting – entries to Ballyhoura office by March 1;

u16 Choir; u15 Culture Corner; U14 Group & Solo Music ,Group & solo Singing, Disco Group & Solo Dance, Recitation, Comedy, u13,15 Indoor Soccer; u13,16 Table Tennis; Projects: Under 11 – "Create your own ideal country"

Under 13 – "How can Ireland utilise its natural resources most effectively?"

Under 16 - "A Vision for Ireland 2050"

CBS Gym Wed: Athletics 7-8 pm, Volleyball @ 8pm - Contact 087.3589734

Mitchelstown Musical Society:

Tickets are now on sale at Hyland's Education Bookshop and the Favourite Newsagents for our next Musical Production, "Beauty and the Beast", which takes place in C.B.S. Auditorium, from 14^{th} to 18^{th} February 2012. This has been described as "the most beautiful love story ever told". Opening night tickets are only $\[\in \] 10$, other nights $\[\in \] 15$. The show was a Broadway Smash-Hit, with music that will be familiar to most people.

Mitchelstown Parish & Community Newsletter

Volume: 3 Issue: 35 Date: Sunday 29th January 2012

Céilí Community:

The Céilí Community is based in Moate, Co. Westmeath and we have asked them to give a Parish Mission in Mitchelstown, next November. While we have had a number of mini missions over the years, this will be a full Parish Mission, over a three week period. The Mission will start on Sunday, November 4th and conclude on Sunday, November 25th, the feast day of our Patron, St. Fanahan.

During the 1^{st} week of the three week mission, the team will visit the homes of the Parish. The 2^{nd} week will be dedicated to the schools of the Parish and the 3^{rd} week will be the preached Mission in all three Churches. Msgr. Pat Lynch, the director, came to make contact with the schools of the Parish, in the past week.

We would ask you all to pray for the success of the Mission and the Mission Team, in the coming months and we will give you more details throughout that time.

Fr. Fitzgerald P.P.

Guidelines for family - friendly technology use: (Part 1)

A recent Chinese study used a magnetic resonance imaging (MRI) scanning technique to look at the brains of internet addicts. They found that internet addicted teenagers had damage to the 'white matter' nerve fibres, which can affect emotions, decision making, and self-control. With many children now spending <u>over seven hours per day in front of a screen, internet addiction is likely to increase markedly in the coming years.</u> The effects of technology on children's developing brains are only now being examined, however, the social and emotional effects are increasingly understood.

- Limit your child's daily 'screen time' to less than two hours and ensure they get adequate levels of exercise and outdoor play.
- Minimise mobile phone use by under 16s.
- Have a family-wide 'technology ban' including TV, texting and the internet, for at least two hours every evening, so everyone gets to chat, play and relax together, without technological distractions.
- When choosing the inevitable gaming console, pick one that requires full body movement and can give some level of exercise, such as the Nintendo Wii. Use should nonetheless be limited carefully.

Over the coming weeks, we will publish more on this topic.

Eucharistic Congress Committee

Meeting next Monday, 30th January in the Parish Office at 7.30 p.m. Contact Paddy Seery (087) 9488359

CONFESSION TIMES:

MITCHELSTOWN: Saturday, Eves of Holydays:

12 - 1p.m. & 7p.m. - 7.30p.m.

 1^{st} Thursday of month: 12 - 1p.m. & 7p.m. - 7.30p.m. **NEW:** After Saturday Evening Mass on the 1^{st} **Saturday**

of the month.

BALLYGIBLIN:

1st Friday 7p.m.

KILACLUIG: before 1st Friday Mass.

MASS TIMES:

CHURCH OF OUR LADY CONCEIVED WITHOUT SIN, MITCHELSTOWN:

Sat & Eve of Holyday: 7.30p.m.

Sunday & Holyday: 8.30am. 10.30am. 12noon & 7.30p.m. 1st Friday: 7.30p.m. - Weekday: 8.30a.m. & 10a.m.

Morning Prayer in Parish Church: Mon. to Fri. at 8a.m. Rosary in Parish Church:

Mon. to Sat. at 9.45a.m. Before: 10a.m. Mass

Perpetual Adoration: Sunday 12.30p.m.

& Saturday 7p.m.

Eucharistic Healing Hour of Adoration:

Every Thursday night from 8p.m. to 9p.m.

CHURCH OF THE HOLY FAMILY, BALLYGIBLIN:

Sunday & Holyday: 9.30a.m. - 1st Friday: 7.30p.m.

ST. JOSEPH'S CHURCH, KILLACLUIG:

Sunday & Holyday: 10.30a.m. - 1st Friday: 8.15p.m.

CLERGY:

V. Rev. Fr. Fitzgerald P.P.

Phone: 025-84090

V. Rev. Canon O'Leary C.C. V.F.

Phone: 025-84088 Rev. Fr. Greene C.C. Phone: 025-84077

Parish Office: 025-84062

mitchelstownparishoffice@eircom.net

<u>DEADLINE FOR THE NEWSLETTER IS</u>

12 NOON WEDNESDAY
Office Open:

10 am to 12 noon - Monday to Friday.

Priest on Sick call this week is:

Canon O'Leary C.C.V.F.

Sick Call Contact

Phone Number: 087 - 2524979

EUCHARISTIC HEALING

HOUR OF ADORATION:

Every Thursday night from

8 pm to 9 pm

Prayers and Sympathy

We offer our Prayers and sincere Sympathy to the families of those who died in our Parish recently.

Mary Barrett (Lyons) (née Moroney) Corrogurm

May she Rest in Peace.

"Death leaves a heartache no one can heal, love leaves a memory no one can steal."

"We have loved our dear departed in this life and in death we shall not forget them."

SEASONS FOR GROWTH:

Living with Grief, Loss and Change

Commencing Tuesday, 21st February 2012 for 8 weeks

Young people's course from 4 p.m. to 5.30 p.m.

Adult's course from 7.30 p.m. to 10 p.m.

Venue: The Ozanam Centre, Thomas Street

If you are interested in booking a place on this course or would like further information, please contact in

confidence one of the following;

Young People's Course:

Mary Lynch, Presentation Secondary School (025) 24394

Elma Twomey, St. Fanahan's School (025) 24314

Deirdre O'Leary, C.B.S. Secondary (025) 24104

Sadie Allen, Ballyhoura Development (025) 85213

Pat McCarthy, SHEP/Tutor (021) 4666180

Adult's Course:

Bríd Brophy, St. Vincent de Paul (025) 84733

Sadie Allen, Ballyhoura Development (025) 85213

Fr. Fitzgerald P.P. (025) 84090

PROCEEDS OF TABLE QUIZ IN AID OF IRISH MOTOR NEURONE DISEASE ASSOCIATION

Susan Griffin, Martina McAuliffe and Gertie Condon organised a Table Quiz in the Hunters Rest, Mitchelstown on the 14th October last and raised a total of €2,575.00 from the Table Quiz and Donations received towards the night. The proceeds were recently presented to Alan Dunne to forward to the Irish Motor Neurone Disease Association. Thank you, to all those who contributed in any way towards this Fundraiser. Your kind support is sincerely appreciated for this worthy cause.

Mitchelstown Citizens Information Centre

Marian Hall, Convent Hill, Mitchelstown

Tel: **025 / 84600**

E-mail: Mitchelstown@citinfo.ie

Opening Times:

Monday, Tuesday, Thursday, Friday:

10 a.m. to 12 noon

Thursday 2 p.m. to 4 p.m.

Friday 7.30 p.m. to 9 p.m.

Readers are urgently required for 8.30 a.m. Mass on Sunday mornings.

Please contact the following, you will be most welcome.

Parish Office. Phone 84062 Pat McEvoy [Sacristan]

Any of the Priests of the Parish.

Or Phone (086) 3369377. leave your name and contact number

Pharmacy Rota:

Murphy's Pharmacy Will be open this Sunday, 29th January

From 11.30a.m. To 1.30p.m.

Bunscoil na Toirbhirte

(Presentation Primary School)

Mitchelstown (025) 24264

Enrolment Week

Enrolments will take place for children intending to start school in the

Autumn (late August) 2012

From Monday 30th January

To Friday, 3rd February, 2012

9.00-12.30 and 1.00-2.30 daily

Enrolments (for parents who can't make it to school during the day) on Thursday, 2nd February From 6.30p.m.-7.30p.m.

Set Dance Class

Wednesday nights from 8.30-10.30pm In Rathcormac Inn.

All welcome.

Enquiries to Fionán on (087) 818 5111 or email ceilifit@gmail.com

THE SACRED HEART MESSENGER

Is still here, better than ever and looking for subscribers and promoters.

One of our local promoters is; ANNA MARIA RUSSELL, (025) 84151

Copies are also available in the Porch of the Parish Church or direct from Messenger Publications, 37 Lower Leeson Street, Dublin 2. Phone (01) 6767491