The Power of the Mass

The Greatest Prayer - The Holy Sacrifice of the Mass

Compilation: The Tremendous Blessings and Benefits of the Mass as Told by **Popes and Saints**

St. Teresa:

Doctor of the Church: Once, St. Teresa was overwhelmed with God's Goodness and asked Our Lord "How can I thank you?" Our Lord replied, "ATTEND ONE MASS."

St. John Vianney:

Patron Saint of Parish Priests: "When we receive Holy Communion, we experience something extraordinary - a joy, a fragrance, a well being that thrills the whole body and causes it to exalt."

"If we really understood the Mass, we would die of joy."

"There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us."

"When we have been to Holy Communion, the balm of love envelopes the soul as the flower envelopes the bee."

MITCHELSTOWN AREA COMMUNITY GAMES

Including Araglin, Glanworth, Kilworth, Kildorrery

Invite to participate in affordable Culture & Sport Aged 8-15. No membership fee.

Age after 31.7.2012 Chess March 3rd @ CBS 12 noon U 12, 16

Indoor Soccer March 3rd Little Island, Cork 1pm U 13, 15

U13/15 Handball Mallow March 11 2 pm

U 8-16 Art - Entries A4, A3 to Ballyhoura Office by Mar 10th (Name, birth date, address)

U 10-16 Model Making &Do

U10 Handwriting (200-250 words – Entry to Ballyhoura Office by March 15

U12-14 Cross Country - Lisgoold

CBS Gym every Wed: ATHLETICS 7-8 pm, Volleyball 8 pm.

Marcella O'Sullivan 087.7773722 runs area talent competition – March 13th 6.45pm Town hall.

U/14 Solo Dance – Modern & Disco, Solo Singing, Solo Recitation, Solo Music,

Group Dance Modern & Disco

Group Dance (Irish or Contemporary), Group Singing, Group – Drama or Comedy.

Projects: Board 2.24 m X 2.4 metre max size.

Under 11- Create your own ideal country.

U13- How can Ireland utilise its natural resources most effectively/efficiently?

U16- A Vision for Ireland 2050

www.communitygames.ie; www.corksports.ie, www.mitchelstown.eu

S. Fox 087/3589734, N. Piggott 086/0706382,

H. Norris 086/.3285634, L. Moran 086/8606949

Mitchelstown Parish & Community Newsletter

Issue: 39 *Date*: Sunday 26th February 2012 Volume: 3

SUGGESTIONS FOR LENT:

Our first devotion must always be to the Holy Mass and the Holy Eucharist. The grace to fast and all other graces come from the Holy Sacrifice of the Mass.

- 1. Attend prayerfully an extra Mass.
- 2. Pay a visit to the Blessed Sacrament in the Church or the Adoration Chape
- 3. Watch less television, playstations etc and give extra time to personal prayer.
- 4. Recite the Rosary, renew devotion to our Lady, She is the great protector from evil and the great intercessor.
- 5. Make the Stations of the Cross.
- 6. Go to Bible class every Tuesday in the Marion Hall at 10.30am or read the Bible daily, especially the Gospels. Read the life story of one of the Saints
- 7. Make a better effort to be a good family member. Do things together as a family and spend quality time with each other, with no technology involve
- 8. Give up something you like a lot, alcohol, tobacco, sweets, chocolate, food etc, whatever, we know ourselves. Teach the children to practice self-deni It will make them strong for future bad temptations. Being less pre-occupi with ourselves and our own amusement.
- 9. Visit a neighbour, friend. Help someone who is old, lonely or sick. Be more ready to give than to take.
- 10. Support the Trocaire Collection for the very poor in the world.

Let us make a serious effort this Lent as we look forward to the celebration of Easter and ultimately to our place in Eternal Life.

REMINDER DO SOMETHING SPECIAL THIS LENT

Have you a friend or family member who has a problem with alcohol? Do you want to help in a simple yet effective way?

Then take the pledge for Lent: Abstain from alcohol for 6 weeks, and offer it up as a prayer to help your friend achieve freedom and well-being.

MAKE A DIFFERENCE TO SOMEONE'S LIFE!

To join, please hand in your name to the Sacristy

CONFESSION TIMES:

MITCHELSTOWN: Saturday, Eves of Holydays:

12 - 1p.m. & 7p.m. - 7.30p.m.

1st Thursday of month: 12 - 1p.m. & 7p.m. - 7.30p.m. NEW: After Saturday Evening Mass on the 1st Saturday

of the month.

BALLYGIBLIN: 1st Friday 7p.m.

KILACLUIG: before 1st Friday Mass.

MASS TIMES:

CHURCH OF OUR LADY CONCEIVED WITHOUT SIN. MITCHELSTOWN:

Sat & Eve of Holyday: 7.30p.m.

Sunday & Holyday: 8.30am. 10.30am. 12noon & 7.30p.m. 1st Friday: 7.30p.m. - Weekday: 8.30a.m. & 10a.m.

Morning Prayer in Parish Church: Mon. to Fri. at 8a.m. **Rosary in Parish Church:**

Mon. to Sat. at 9.45a.m. Before: 10a.m. Mass **Perpetual Adoration**: Sunday 12.30p.m.

& Saturday 7p.m.

Eucharistic Healing Hour of Adoration:

Every Thursday night from 8p.m. to 9p.m.

CHURCH OF THE HOLY FAMILY, BALLYGIBLIN:

Sunday & Holyday: 9.30a.m. - 1st Friday: 7.30p.m. ST. JOSEPH'S CHURCH, KILLACLUIG:

Sunday & Holyday: 10.30a.m. - 1st Friday: 8.15p.m.



Prayers and Sympathy

We offer our Prayers and sincere Sympathy to the families of those who died in our Parish recently.

Dr. Michael Herlihy George's Street

May He Rest In Peace.

CLERGY:

V. Rev. Fr. Fitzgerald P.P.

Phone: 025-84090

V. Rev. Canon O'Leary C.C. V.F.

Phone: 025-84088 Rev. Fr. Greene C.C. Phone: 025-84077

Parish Office: 025-84062

mitchelstownparishoffice@eircom.net

DEADLINE FOR THE NEWSLETTER IS 12 NOON WEDNESDAY

Office Open:

10 am to 12 noon - Monday to Friday. Parish Website:

www.mitchelstownparish.ie

Priest on Sick call this week is:

Fr. Fitzgerald P.P.

Sick Call Contact

Phone Number:

087 - 2524979

Mitchelstown Parish Website www.mitchelstownparish.ie

Pharmacy Rota:

Doody's Pharmacy Will be open this Sunday, 26th February 11.30a.m. To 1.30p.m.

Mitchelstown C.B.S. Primary **Parent Council** 26th Annual FASHION SHOW

Will be held in the **Firgrove Hotel** On Tuesday, March 13th at 8pm

Tickets available from C.B.S. Primary, Or from all Parent Council members.

EUCHARISTIC

HEALING HOUR OF

ADORATION:

Every Thursday night

from

8 pm to 9 pm

TABLE QUIZ

In aid of **HAITI**

In the **Hunters Rest**

On Friday 2nd March at 9pm

Fab Raffle Prizes Please give your support

Mitchelstown Tennis Club:

Are holding a Casino Night

On Saturday 3rd March In Firstove Hotel At 8pm

In aid of Court refushishment.

Your support would be greatly appreciated.

CHANGE OF DATE:

TUESDAY 28TH FEBRUARY Seasons for Growth/Grief, Loss and Change - Adult and student programmes

This free eight week course will provide a safe space to explore issues associated with change, loss and grief. You are welcome whether your loss is recent or has occurred many years ago. Starting: Tuesday, February 28TH for

8 weeks.

From: 7.30 pm to 10 pm

Venue: The Ozanam Centre, Thomas

Street, Mitchelstown

A student Living with Loss Programme will also begin on the same date. To book a place, please ring in confidence any of the following:

Brid - 025/84733;

Fr. Fitzgerald – 025/84090; Pat McCarthy, SHEP - 021/4666180 ■ Whoever wishes to be my I follower must deny his I very self, take up his each I follow in my steps. -Luke 9:23

Peace Prayer of St. Francis

Lord, make me an instrument of you peace;

where there is hatred, let me sow lov when there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, jov. Grant that I may not so much seek to be consoled as to console: to be understood, as to understand. to be loved as to love: for it is in giving that we receive, it is in pardoning that we are

pardoned, and it is in dying that we are born to eternal life.

ALCOHOLICS ANONYMOUS

Meetings held in Marian Hall, Convent Hill, Mitchelstown **EVERY TUESDAY NIGHT** AT 8.45 P.M.

EVERY SUNDAY MORNING 11.30 A.M. TO 12.30 P.M.

Pioneer Magazine is published month and is full of interesting and informati articles and features. If you would like get a copy each month, please conta any council member.

Price per copy €1.55.