CLERGY:

V. Rev. Canon Fitzgerald P.P., V.F. V. Rev. Canon O'Leary P.E., C.C. Rev. Fr. Burke C.C. Parish Office – Patricia Dwane: *12pm* Phone: 025-84090. Phone: 025-84088. Phone: 025-84077. Phone: 025-84062.**Open 9am-**

Fr. Burke is on Sick Call this week; Phone Number: 087 – 2524979

PARISH E-MAIL ADDRESS: <u>mitchelstownparishofficechurch@gmail.com</u> <u>DEADLINE FOR THE NEWSLETTER IS 10AM WEDNESDAY</u> Office Open: 9 am to 12 noon – Monday to Friday. Parish Website: <u>www.mitchelstownparish.ie</u> E-mail address for Parish Pastoral Council is

•Children's Faith Camp: The Annual Summer Faith Camp will take place in the Town Hall, this week, Monday, July 23rd to Thursday, July 26th, for children aged 6-13. We pray for Fr. Patrick Cahill and his team of volunteers and all the children, that they will be blessed during the camp.

• Feasts this week: Monday: St. Bridget of Sweden, Patron of Europe. Wednesday: St. James, Apostle. Thursday: SS Joachim and Anne, parents of the Blessed Virgin Mary.

Church of Our Lady Conceived Without Sin, Mitchelstown:

MASS TIMES: Saturday & Eve of Holy Day:		7.30pm
Sunday & Holy Day:		8.30am, 11.30am & 7.30pm.
Weekdays:		8.30am & 10.00am
<u>FIRST FRIDAYS:</u>	8.30am, 10.00am & 7.30pm.	
Bank Holidays:	11am	
MORNING PRAYER:	PRAYER: Monday – Friday: 8.00am	
ROSARY:	Monday – Saturday: 9.45am	
CONFESSIONS: Satur	Saturday: 12.00-1.00pm & 7.00-7.30pm	
Eve of First Fridays & Eve of Holy Days: 12.00-1.00pm & 7.00-7.30pm		

We encourage families to practice monthly Confession

DIVINE MERCY PRAYERS: Friday at **3.00pm**. All welcome.

<u>EUCHARISTIC HEALING HOUR</u>: Thursday evening at **8.00pm – 9.00pm** with special prayers for those suffering from addictions and Eucharistic Healing Blessing.

Church of the Holy Family, Ballygiblin

MASS TIMES:Sunday & Holy Day: 9.30am.First Friday: 7.30pm.CONFESSIONS:First Friday: 7.00pm.

St. Joseph's Church, KillacluigMASS TIMES:Sunday & Holy Day:10.30am.First Friday: 6.30pm.CONFESSIONS:First Friday:6.00pm.

Mitchelstown Parish & Community Newsletter

Volume: 10 *Issue*: 2*Date*: Sunday 22ndJuly 2018

A Growing Drug Crisis in Ireland:

According to the most recent statistics two people die from drug related cases in Ireland **every day.** In 2014 there were 697 drug related deaths in Ireland, half of them were aged 39 or younger. Of the 28 countries in Europe, we are the fourth highest in the drug tragedy per population, even the U.K. is behind us, with Estonia the worst, and then Sweden and Norway. Ireland's drug deaths are more than four times that of Netherlands and 12 times that of Portugal. In surveys three out of ten Irish people aged between 15 and 64 say they have used illicit drugs, including cannabis, MDMA or cocaine, in their lifetime. Almost 93% of cocaine related deaths involved other drugs in 2015. Cocaine and alcohol combine in the body to produce cocaethylene which increases the risk of organ damage as well as the risk of epilepsy, suicide, violence, accidents and sudden death. We have a crisis in our country and we have a kind of indifferent tolerance to the seriousness of the problem. A campaign was launched recently, "Cocaine, Reduce the Harms", it smacked of a certain acceptability of the use of cocaine.

Life is precious, health is precious, as a nation we need to protect people, by warning them of the destruction caused in families and society by the use of illicit drugs. Use of drugs causes disturbance in homes and families, diminishes work performance and above all kills the soul of a person. We could ask the question, how many of our weekly murders are caused by the use of drugs and drug dealing? Christ in today's Gospel feels sorry for those who are hungry. He also feels sorry for those who look for peace and satisfaction in the use of illicit drugs. A lot more needs to be done in our country to address this problem. We all need to alert our children and our young people not to fall in to the fatal trap of drugs. There is help available for anyone who gets involved, but it is much better not to go down that road at all. This is why prayer and the spiritual life should be practiced and nourished. As scripture says "A man does not live on bread alone, but on every word that comes from the mouth of God".

National Helpline - HSE Drugs & Alcohol Helpline:

This confidential service has both a Freephone Helpline (1800 459 459) and an email support service (helpline@hse.ie).

The HSE Drugs & Alcohol Helpline provides support, information, guidance and referral to anyone with a question or concern related to drug and alcohol use and/or HIV and sexual health. The service is non-judgemental and offers space to talk about your situation, to explore some options and to consider your needs. During calls/ emails, staff refer to a database of over 400 services nationwide.

Opening hours are Monday to Friday, 9.30am and 5.30pm. If you have any questions about our service, feel free to get in touch. Youth 2000 Summer Festival, Cistercian College, Roscrea, Co. Tipperary from Thursday 16^{th} – Sunday 19^{th} August 2018. For young people aged 16-35, an opportunity not to be missed to experience the Catholic faith and meet many new people, with over 1000 young people from all corners of Ireland attending last year. The festival is donation only. Free buses travelling from all around Ireland. For more info and to book online, see <u>www.youth2000.ie</u>

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Get your Summer Holiday Reading at the Ozanam Shop, Thomas Street, Mitchelstown, 025 84733. Fiction €2; Non-Fiction €1; Children's Books 50c. Opening Hours: Mon – Fri: 10am–1pm & 2pm–4.45pm, Sat: 10am-1pm. All proceeds go to your local Society of St. Vincent de Paul.

Bus to Knock for Popes Visit on 26th August leaving Mitchelstown at 2am.Returning from Knock at 3pm. Contact Brigit on 086-3594571 for booking and details.

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Contact Irish Clan Search to solve a family mystery / guide to find living cousins, tracing family trees, property records, civil & church, emigration, wills / DNA Contact Seamus on 087.3589734

On behalf of **The Irish Blood Transfusion Service**, Please pass on our thanks to all who contributed to the running of this Clinic. *275* Donors attended our Blood Donor Clinic in **The Firgrove Hotel**. This generosity and commitment to helping others is very much appreciated. The precious gift of Blood brings life and hope to our hospital patients and their communities.

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Healthcare Support Studies (QQI Level 5). First Component - Care Skills (5N2770).Fridays, 9.30am-1.45pm. From Mid-September 2018

- Part time course
- FREE for those without a Leaving Cert
- FREE for early school leavers already working
- FREE for those on Social Welfare payments
- FREE For Medical Card/GP Only Card Holders
- Ideal for Jobseekers in Healthcare
- Full QQI Level 5 Award Offered

VENUE: <u>Cork ETB Adult Education Centre, Rathealy Road, Fermoy</u> To apply, please contact: (025) 49932 or (022) 55452

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160th Anniversary – 1858/2018: Limited seats available on the **Mitchelstown Carmelite Lourdes Pilgrimage** in September. For anyone still interested in travelling please forward your name to Paddy Seery on 083-8098286.

Mitchelstown Flower and Garden Club will be having there Club outing on Thursday night the 26^{th} July @7pm. By kind permission we are going to visit the garden of Siobhan O'Mahony, Knockadea. It will be well worth a visit. Cover charge for the night will be \notin 7. Refreshments provided. Please ring Nora Finn 025 24138 or Mari Sheehan Condon 087 282 5196 to confirm numbers. Members and non-members Very Welcome.

Fermoy Community Health Worker Jacinta McCormack is hosting a series of **FREE Monthly Health & Well-Being Information Talks;** on a wide and varied range of topics throughout 2018. Next<u>Thursday 26th July</u> the monthly talk will be given by Mary Allen, Avondhu Blackwater Partnership. Community Connect is a service for older people who may feel lonely or isolated, especially those who live in rural and remote communities in North Cork and the surrounding area. This talk will take place in the HSE Saint Frances Day Centre which is located on Rathealy Road. These monthly talks are FREE and are open to everyone. They focus on informing and supporting people to protect and improve their health and well-being; contact Jacinta on 085 8742320 for further information.

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Supporting someone with drug misuse and mental health problems Find supports and services

<u>Drugs.ie</u>: Lists services throughout the country, including supports for family members.

Dual Diagnosis Ireland: Information for people affected by dual diagnosis issues.

HSE Drugs & Alcohol Helpline: This confidential service has both a free phone helpline (1800 459 459) and an email support service (helpline@hse.ie). The Helpline provides support, information, guidance and referral to anyone with a question or concern related to drug and alcohol use and/or HIV and sexual health.

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St. Jude Prayer for Addiction: God of life, You made me in Your perfect image, to live in Your love and to give You glory, honour and praise. Open my heart to Your healing power. Come, Lord Jesus, calm my soul just as you whispered "Peace" to the stormy sea. St. Jude, most holy Apostle, in my need I reach out to you. I beg you to intercede for me that I may find strength to overcome my illness. Bless all those who struggle with addiction. Touch them, heal them, reassure them of the Father's constant love. Remain at my side, St. Jude, to chase away all evil temptations, fears, and doubts. May the quiet assurance of your loving presence illuminate the darkness in my heart and bring lasting peace. Amen.

RECENTLY DECEASED:

The sympathy of the Parish Community is extended to the family and friends of –

Sheila Bermingham

Who died recently. May SheRest In Peace

NEWLY BAPTISED:

We welcome into our Catholic Community, through the Sacrament of Baptism:

Emily Condon