### **CLERGY:**

V. Rev. Canon Fitzgerald P.P., V.F. V. Rev. Canon O'Leary P.E., C.C. Rev. Fr. Burke C.C. Parish Office: Phone: 025-84090. Phone: 025-84088. Phone: 025-84077. 086-8168588 Phone: 025-84062.

# E-MAIL: mitchelstownparishoffice@eircom.net

## DEADLINE FOR THE NEWSLETTER IS 10AM WEDNESDAY

*Office Open*: 9 am to 12 noon – Monday to Friday. Parish Website: www.mitchelstownparish.ie

Fr. Burke is on Sick Call this week - Phone Number: 087 - 2524979

#### Mitchelstown Library:

Writer's Group – next meeting 10.30am on Friday the 14<sup>th</sup> of November

Irish Group – next meeting 4pm on Friday the 21<sup>st</sup> of November

On Thursday the 20<sup>th</sup> of November we will be having a talk introducing a new service being run in Mitchelstown Library called **'Your Good Self'** in conjunction

with the HSE and Cork City Libraries. – see note below

**Family History** – genealogy workshop- Saturday the 22<sup>nd</sup> of November

Story time – 11.30am Saturday the 29<sup>th</sup> of November

**Exhibition** for the month of November – works by Rosemary Doody

The "Your Good Self" programme is an exciting joint initiative between Cork County Library and Cork City Libraries and the HSE.

The programme was officially launched on Friday October 10<sup>th</sup> in Cork County Library Headquarters by Kathleen Lynch TD, Minister of State for Primary and Social Care.

The main contributory factor to the success of the Your Good Self Programme, is that a selection of the titles available were reviewed, endorsed and recommended by psychologists working in the HSE.

The library service exists to enhance the life of the community it serves, and we feel that any contribution the service makes to the positive mental health of our community is a very worthy investment of time and resources.

Customers in libraries which offer the Your Good Self programme can use the service in the normal way as part of the borrowing process - the books are clearly displayed and signposted so that people can browse discretely and at their leisure.

**Ballyhoura Macra:** Ballyhoura Macra Na Feirme Anyone between the ages of 17 and 35 looking to get involved in Macra we take part in a wide variety of activities Sports, Debating, Music, Drama, Charity, Volunteering, Agriculture, Community events. Contacts us Maria: 086-3653484 or Dan 086-8420560

# Mitchelstown Parish & Community Newsletter

Volume: 6 Issue: 23 Date: Sunday 16<sup>th</sup> November 2014

## The Healing of Grief:

Many in our community and around the world are trying to cope with the loss of their departed loved ones. Grief affects all of us very profoundly and it affects us even in ways that we might not be aware of ourselves. It hits at different levels and is very different from one situation to another. It goes from profound sadness and loneliness to anger and "I don't care anymore". Some may be prepared to face grief and for another it comes totally unexpected. In the Gospel, Jesus met the woman in the funeral precession of her only son, in the town of Naim. He told her not to cry and then He raised her son from the dead. Jesus brings the good news to us, that there is another life after this life, which He offers to all who believe in Him.

During the month of November, as we pray for the faithful departed, we also pray for the comfort and healing of Jesus for all who are bereaved, especially for those who find it difficult to accept and bear this grief. The human bonds of love and affection run very deep and yet we have to let go of our loved ones to the new and glorious world of Heaven.

May they rest in peace. May the Lord help all left behind to carry on.

Mitchelstown Town Hall presents JAMES KILBANE Country & Gospel Concert. Special Guests; The Mitchelstown Presentation Secondary School Choir. This musical event will take place in Mitchelstown Parish Church, on Friday, 21<sup>st</sup> November at 8pm. Doors open at 7.30pm. Tickets €15, available from Hylands Bookshop, Mitchelstown Parish Office and The Favourite Mitchelstown. For more details please contact Monica on 087 – 2200083.

#### **Prayers in the Cemeteries:**

### THIS Sunday November 16<sup>th</sup>: Marshalstown Cemetery – 3.00pm

May the Lord grant the faithful departed eternal rest and peace. May the Lord help all who are grieving, especially those struggling to cope with grief, courage, hope and strength.

**Special Mass for those who died since last November: On Thursday November 20<sup>th</sup> at 8.00pm** a special Mass will be offered for all those who died in the past year. Special prayers will be offered for the bereaved. We invite the families who had a loved one die during the year, to come to the Mass and light a candle in remembrance of their loved one. We also invite parishioners whose relatives died outside the Parish during the year, to give the names of their loved ones to the Parish Office before 12 noon on Thursday November 20<sup>th</sup>.

# MITCHELSTOWN LAWN TENNIS CLUB TABLE QUIZ & PARTY NIGHT

Friday, 12<sup>th</sup> December @ 8.30pm in O'Brien's Bar (The Tavern) Cost €40 for table of 4. Music & Light Refreshments. Your support would be greatly appreciated. Contact 087 7520078 for details.

Mitchelstown Altar Society Annual AGM will take place in The Town Hall, Mitchelstown, on Wednesday, 19<sup>th</sup> November at 7pm. New members welcome.

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**BACK TO OUR PAST**: Free Family Tree workshop at Mitchelstown Library **Saturday 22<sup>nd</sup> November** at 12 noon. Enter a draw for a free search. Offer as a festive gift to family/friend. Learn How to Do your Family Tree Clan Search -Book 087.3589734

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**Mitchelstown Community Council** are in the process of getting a **DEFIBRILLATOR** for the Town. It will be placed in a central location, where it is accessible 24hours, 7 days a week. We hope to provide opportunities for training in CPR and in the use of the machine in the future. We are currently fundraising to buy the equipment. All donations would be greatly accepted. Anyone interested in helping in anyway, please contact Michelle at 085 – 1502008 or <u>burkemichelle3@gmail.com</u>.

Medjugorje ex Cork May 27<sup>th</sup> to June 3<sup>rd</sup> 2015. €529.00 if booked and paid in full before 10<sup>th</sup> December 2014. €679 applies after these dates. Spiritual Director Fr. Pat O'Donoghue. Limited places available. Contact Group Leader: Sean O'Shaughnessy 086-2959380

Mitchelstown Christmas Lights Fundraiser; A Fundraising Cake Sale and Raffle will be held in the Mitchelstown Leisure Centre, Thursday, 20<sup>th</sup> November between 1.30pm and 7.30pm. This is to help fund the putting up and lighting of the Towns Christmas lights.

Set Dance Classes: Céilí and Set dance classes every Wednesday from 8.30-10.30pm in the Rathcormac Inn. Beginners welcome. Enquiries to Fionán Cogan on 021 601 0759 or email <u>ceilifit@gmail.com</u>

**SENIOR KEEP FIT:** Join a weekly tone up class for seniors (55 +) at Tesco, Mitchelstown on Wednesdays 7-8pm. Improve mobility, toning, flexibility, balance, prevent ailments. To book contact 087.3589734

**BRIGHT SPARKS - Play Group for 3 year olds** ….social play group … to help your child in a learning fun environment and prepare them for preschool through active learning. 9am to 12pm snack included €17. Please ring for details / bookings 025 86799 or 086-2653839

Kilbehenny Cycling Club TABLE QUIZ is to be held in the Ramble Inn on Friday, 21<sup>st</sup> November at 9pm Cost €40 per table of 4. All monies raised will go to "Blackwater Animal Rescue Centre". If you don't have a team come along as a team can be put together on the night. Free food, prizes galore, a great night is assured! The Club's Christmas Party takes place on Saturday, 20<sup>th</sup> December in the Firgrove Hotel, Mitchelstown and is always a brilliant night.

Taking place on Wednesday nights at 8pm are Calligraphy classes at Kilbehenny Community Centre, brilliantly enjoyable, do join us! New members always welcome. Mary 086 6033239, Eileen 068 3180962, Tom 087 2683587

**St. Vincent de Paul Annual Christmas Collection** will take place weekend Saturday 29<sup>th</sup> & Sunday 30<sup>th</sup> November 2014 at all Churches in the Parish. Your support will be very much appreciated.

Do you feel overwhelmed now that Xmas is upon us? Why not take some time out for yourself and feel in the moment with a **Mindfulness Programme**. This programme will be starting on the **18<sup>th</sup> November at 7.30pm to 8.30pm** for four consecutive Tuesdays at the **Ozanam Centre, Thomas Street**. If you or a friend would like to book why not ring for more details...0879533285 or 0876743026. Cost €5.

**THANK YOU:** The C.B.S. Secondary Parents Council would like to thank all that came and supported our recent Bingo night fundraiser for the school. We would also like to thank many of our local businesses and individuals that donated prizes etc. to us. Also thanks to Dr. John Desmond, Principal, Mary Hannon, Deputy Principal and all the staff at C.B.S. Secondary for their support. It would not have been a success without this support.

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Youth 2000 Ireland will be hosting a Youth Day Retreat in Ennismore Retreat Centre, Montenotte, Cork City on Saturday 22<sup>nd</sup> November 2014 from 10.30am to 6.00pm. The day will consist of inspirational talks, testimonies, prayer, music and a lot more. This is a great opportunity to find out what your faith is all about in a friendly, chilled out atmosphere, newcomers very welcome. For young people aged 16-35. For more information see <u>www.youth2000.ie</u> or call <u>086 3049843</u>

**The Sue Ryder foundation**: We have started selling tickets for our annual Christmatraffle. The first prize is a dolls house. There will be a host of other prizes kindly donated by local businesses. One strip is €2 and 3 strips for €5. Please support. We are especially appealing for donations of bed linen and curtains along with all the othe items we continually need such as Bric a Brac, books, clothes and shoes. We also accept good quality furniture. Collection can be arranged. We also have a brand new wedding dress in stock at the moment. Photos can be seen on Facebook on the Sue Ryder Mitchelstown page. Thank you for your continued support.