

BE PART OF HEALTHY TOWN ACTIVITIES

1. MITCHELSTOWN COMMUNITY GAMES: Why not enter Choir, Culture Corner, Draughts, Debating U16, Pitch & Putt, Mini Rugby U11, Hybrid U16 Girls Rugby, Basketball U11/13, Camogie U14, Set Dancing U14, Hip Hop U14, Gymnastics, project. Choice of 47 cultural & sporting activities on www.communitygames.ie . Facebook; Mitchelstown area community games. Ages 6-15

2. SENIORS (OVER 50'S) SHAPE UP: Keep fit for seniors at Tesco on Wednesdays 7-8pm. "Mobility Toning Flexibility, Fall Prevention "

3. PARENT AEROBICS: Fun Aerobics Tuesdays at 9.30am in St. Fanahan's hall.

4. HEALTHY WALKING: Tuesdays 7pm from John Mandeville statue 3k-5km guided walks

5. JUVENILE ATHLETIC TRAINING: Fun Track & Field training age 7-17 at St. Fanahan's College 12noon Saturdays with Fanahan McSweeney Athletic Club. For more info on above contact 087.3589734

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"That Priest is a Lady!!" A Talk by Rector of the Fermoy Union of Parishes; Rev. Eileen Cremin, local Church of Ireland Priest, will deliver this witty and engaging account of her life and works as a Rector of a rural parish. Hear her story of London to North Cork and what it means to be a female priest in the 21st century. Organised by the Mitchelstown Heritage Society, **Thursday, 20th February at 8pm in Mitchelstown Town Hall.** Admission €3 members & students, €5 non-members. All welcome.

Cloyne Diocese Pilgrimage to Lourdes: 1st to 6th June: Booking contact Joe Walsh Tours, 021-4277959. Sick/Assisted Pilgrim application forms are available from the Parish Secretary, 27/28 Bank Place Mallow, Phone: 022 20276

Cloyne Pilgrimage to the Fatima 8th to 15th September 2014 from Cork. Contact Pilgrimages Abroad, Lauri Duffy Travel, Dublin 01- 6359300 or Nora Culloty, Mallow 022-42877

The Diocesan Pilgrimage to Knock is on Sunday, 11th May. Parishes to make their own travel arrangements.

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Fr. (Piotr) Peter: Fr. Peter (Piotr) Prusakiewicz, of the Congregation of St. Michael the Archangel, Warsaw, Poland. He is regarded as a world renowned expert on Divine Mercy and the Holy Angels. From 1993-1996 he served as Chaplain to the congregation of the Sisters of Our Lady of Mercy in Warsaw, where St. Faustina began her religious life. Here he learned much about her character, trials, spiritual battles and revelations given to St. Faustina. Fr. Peter has for 14 years travelled the world proclaiming and explaining the Divine Mercy devotion and more recently the Holy Angels.

On NEXT Thursday, February 20th Fr. Peter will visit Mitchelstown and lead us in reflection and prayer in the Parish Church: Holy Mass 7.30pm. Talk 1 (Homily) on Divine Mercy, after the Mass Talk 2 on St. Michael the Archangel, followed by the individual blessing of the first class relic of St. Faustina. All are welcome.

Mitchelstown Parish & Community Newsletter

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Date: Sunday 16th February 2014

Fr. Con Horgan: Michael O'Riordan of Kilbrin, the great grandnephew of Fr. Con Horgan, presented a bust of his great uncle, recently, to the Parish of Mitchelstown. Fr. Horgan was appointed curate of Mitchelstown in 1845, at the request of Fr. Morgan O'Brien. History tells us that Fr. O'Brien did incredible work in the development of the parish at a very difficult time, just before and during the great famine. History also tells us that Fr. O'Brien could never have done that incredible work alone. We read in the work of Tom O'Donnell (The Turbulent Life of Dean Morgan O'Brien), that Fr. Horgan did a lot of the travelling for funds on behalf of Dean O'Brien. He was a tremendous support to Dean O'Brien and an exemplary priest. We have placed the bust of Fr. Horgan beside his plaque at the back of the Parish Church and his great grandnephew, who is now 79 years of age, is very grateful. Dean O'Brien wrote on the death of Fr. Horgan: "I have lost my best, my sincere, my honest and beloved friend, my prop, my advisor and my companion, the late and lamented C. Horgan. He is gone to Heaven. I am left alone without a confidential friend to whom I could speak". The annals of the Presentation Convent record: "The premature death of the Rev. Fr. Horgan was a cause of deep grief to the parishioners in general". Fr. Horgan was born in Grenagh in 1813. He was curate in Mitchelstown 1845-1850. He died in the home of famine fever in 1850. He is buried in the family grave, in Stuake, Donoughmore. May he rest in peace. The 12 o'clock Mass will be offered for Fr.

"My Name is Gossip": I have no respect for justice. The more I am quoted, the more I am believed. To track me down is impossible. The harder you try, the more elusive I become. Once I tarnish a reputation it is never the same. I ruin careers and cause sleepless nights. I spawn suspicion and generate grief.

Detraction: is the disclosure of another person's faults and failings, without valid reason, to people who are not aware of them already.

Calumny: is the harming of another person's reputation with remarks that are not true and this gives rise to false judgements.

E-MAIL: mitchelstownparishoffice@eircom.net **DEADLINE FOR THE NEWSLETTER IS 10AM WEDNESDAY**

Office Open: 9 am to 12 noon – Monday to Friday. Parish Website: www.mitchelstownparish.ie

Fr. Greene is on Sick Call this week - Phone Number: 087 - 2524979

Pilgrimage to the Holy Land: There will be a pilgrimage to the Holy Land November 10th – 18th. Spiritual Director Canon Michael Fitzgerald. Details from Marian Pilgrimages or contact Eileen 086 – 3044456 or Nuala 087 – 2313762.

ST FANAHAN'S BINGO NIGHT: St Fanahan's Parent Council is holding a BINGO NIGHT on **Monday 24th February at 8.30pm** in the School Canteen. All are welcome and light refreshments will be served. All funds going towards School IT.

C.B.S. Primary Parent's Council present our 28th Annual Fashion Show. Firgrove Hotel, **Friday, 7th March** at 8pm. Models by Hilary Thompson & some "Familiar Faces". Local Stands on Display. Cheese & Wine Reception. Raffle on Door Ticket. Tickets €15 available from the School Office or any member of the Parent Council. Your support would be greatly appreciated.

A History of the Medieval Diocese of Cloyne by Paul MacCotter and published by Columba Press is now available. This study deals with the early ecclesiastical history of the diocese of Cloyne down to the early 1600's. The work includes an appendix where core material for parish history is given under the headings of the 133 medieval parishes found in the diocese. ***A History of the Medieval Diocese of Cloyne*** is for sale at €25 per copy.

Bright Sparks: A lovely camp for 4 to 8 year olds for midterm break week... Monday to Friday 17th to 21st February (midterm break). Activities.... arts and crafts healthy heart day, dress up day, spa day and lovely movie day. €12 per day or €50 for the week. 9am to 12pm please book on 025 86799

FETAC Level 3 Childcare, Mitchelstown. Child Development & Play (3N0611) Caring for Children (3N0610). Commencing Monday 10th February 2014 Monday Nights (7pm – 10pm) Contact (022) – 42322 or (086) 6823717

B.T.E.I. (Back To Education Initiative) FETAC Level 4 Organic Horticulture

Mondays & Tuesdays from late February 10.00am to 3.00pm

For 30 Weeks (Feb-Nov) Venue: Q Centre, Mallow

This Part-time Programme is FREE for: Those receiving a Social Welfare Payment or those with a Medical or GP Only Card. Those without Leaving Certificate. Others pay €100.00 per component (priority given to those free). To apply, contact: BTEI Co-ordinator, Q Centre, Quarters town, Mallow Tel. 022-55452/42322

What: Certified HSE safeTALK Suicide Awareness Training

When: Thursday 27th February between 7pm and 10pm

Where: The Firgrove Hotel, Mitchelstown

Who: Anyone over 18 who has not been bereaved over the past 12 months

Why: To develop practical skills that will assist you to address the issue of suicide This training, which has been organised by the young members of LUKES TEAM (Let Us Keep Everybody Safe Through Every Anxious Moment) is being provided free of charge for the Mitchelstown area. To book a place on this training, please contact local organiser Ailbe Coleman on 086 7814849 or at mitchelstownyouthcafe@hotmail.com. Please note that a maximum of 30 participants will be catered for in this workshop.

NET YOUTH GROUP this Sunday and Monday. If you're in 1st - 3rd year, then this Sunday, 8:30pm – 9:30pm is for you; 4th - 6th year students are welcome to come on Monday, 7:30pm – 9:00pm, and it will be held at the Town Hall. We're looking forward to seeing you there!

BRIGHT SPARKS PRESCHOOL OPEN NIGHT on Monday 17th February at 6.30pm All parents are welcome to come along. We would like to show parents the preschool environment, go through the working day in preschool and answer any questions parents may have about the ECCE scheme. Preschool is free and all parents are encouraged to avail of the scheme to prepare their child for school. Any enquires please call 025 86799.

Back to Education FETAC Woodwork course and Upholstery course soon being offered on Tuesdays in the Q Centre, Mallow. These part-time courses are **FREE**. Woodwork course (Tuesday mornings) covers basic carpentry skills in a fully equipped woodwork room. Upholstery course (Tues afternoons) involves the skills of restoring all types of furniture. Learners will also be offered other FETAC courses while attending. Priority is given to those without a Leaving Cert and those on a Social Welfare Payment. For further information contact the Q Centre, Mallow on 022 42322. Limited places are available.

Person wanted for Mini Bus Driving and Caretaking position on the Community Employment Scheme in Mitchelstown .Must hold full Mini Bus Driving License and fit DSP criteria. Please contact Aileen on 025 86956 for further information.

Chakra dance - An Intro class will be run on 20th February 7-8pm in the Town Hall. Please book a place. Chakra dance is a holistic healing and well-being practice, using music, dance, chakras and art. Come explore, dance and let go. For more information or booking Call Dee 087 12 15 735.

Cork County Macra - North Cork News: Well done to Freemount Macra debating team consisting of Sinead Guiney, Kate Bourke, Cian Daly and Thomas Stritch who competed against Ballyhoura in the Regional Final on Sunday February 9th in Killavullen. Ballyhoura and Freemount are both going through to the national rounds which will take place on 22nd February 2014. The Avonduhu Regional titles night is taking place on February 15th and is hosted by Ballyhoura Macra in Jackie O'Brien's Tavern in Mitchelstown This is Macra's version of "Rose of Tralee" where the ladies will battle for the titles of "Queen of the Land", " Miss Macra" and "Blue Jean Country Queen" and the men will contest the title of "Mr. Personality". Want to join a Social Club with a difference? Macra is a voluntary organisation for young people between the ages of 17 and 35 years. For more information on a club near you, please contact Caitríona Fox on 086-3760487 or check out www.facebook.com/corkmacra.

Glenahulla National School: Enrolment for Glenahulla National School will take place from Monday 24th to Friday 28th February. For details contact the school at 022 - 25476

FREE ELECTRICAL RECYCLING DAY in Tesco Mitchelstown car park On **Saturday 22 February from 10am to 4pm.** We will accept anything household with a plug or a battery. Kettles and toasters, all waste batteries etc