CLERGY:

V. Rev. Canon Fitzgerald P.P., V.F. Phone: 025-84090. V. Rev. Canon O'Leary P.E., C.C. Phone: 025-84088. Rev. Fr. Burke C.C. Phone: 025-84077. Parish Office: Phone: 025-84062.

> E-MAIL: mitchelstownparishoffice@eircom.net **DEADLINE FOR THE NEWSLETTER IS 10AM WEDNESDAY**

Office Open: 9 am to 12 noon - Monday to Friday.

Parish Website: www.mitchelstownparish.ie

Fr. Burke is on Sick Call this week - Phone Number: 087 - 2524979

Mitchelstown Community Council

Dear Community Member,

As vou may be aware, Fr. James Greene C.C. is being transferred from Mitchelstown to Carrigtwohill on Sunday, 7th September 2014.

In appreciation of his 14 years of service to the Parish, Mitchelstown Community Council invites you to contribute to a gift. If you wish to make a donation, please put it in a sealed envelope and hand it into the donation box, which is located in the head office of Mitchelstown, Credit Union, Lower Cork Street, Mitchelstown, before Friday, 26th September. Thank you for vour support. Sean Finn, Chairman, M.C.C.

Knockadea Community & Sports Club

Knockadea Community & Motorcross Ireland Fundraiser in aid of St. Joseph's Foundation: On THIS Sunday, September 14th, in conjunction with Motorcross Ireland we will be hosting the 4th round of the Grass Championships (Quads & Bikes). It will be commencing at 1p.m. at the site of the old school in Knockadea. All proceeds will be going to the St. Joseph's Foundation, Charleville. During the day we will be entertaining the supporters with a raffle with a twist. Also DJ Mossy will be on hand providing the tunes. Teas will be served throughout the day & there will also be a shop. We would greatly appreciated donations of home baking.

Kilbehenny Cycling Club - Club Notes 8th September 2014

Sprocket Rocket: We had a beautiful evening last Friday for our Sprocket Rocket 'road trip' over the Cahir road. Many thanks to Seamus & Karl for their efforts on the night.

Club Cycles: The club meets for cycles at 6.30pm on Wednesdays and from 9am on Sundays from Kilbehenny Community Centre. We cater for all ages and abilities, with three groups on offer: - A Group, B Group and Leisure Group.

Condolences: The club wishes to offer our deepest sympathy to the Joyce family in Fermoy on the passing of their mother Noreen last weekend.

Contacts Mary 086 603-3239; Tom 087 268-3587; Eileen 086 318-0962

Web: - http://www.kilbehennycycling.com/ Facebook: - Kilbehenny Cycling Club

Mitchelstown Parish & Community Newsletter

Volume: 6 Issue: 14 Date: Sunday 14th September 2014

Pope Francis Speaks About Confession: "Everyone says to himself: 'When was the last time I went to confession?' And if it has been a long time, don't lose another day! Go, the priest will be good. And Jesus, (will be) there, and Jesus is better than the priests - Jesus receives you. He will receive you with so much love! Be courageous, and go to confession,"

"Someone can say, 'I confess my sins only to God.' Yes, you can say to God, 'forgive me,' and say your sins. But our sins are also against our brothers, against the Church. This is why it is necessary to ask forgiveness of the Church and of our brothers, in the person of the priest." "While the celebration of the sacrament is personal, it is rooted in the universality of the Church," which "accompanies us on the path of conversion," he explained.

"Forgiveness is not something we can give ourselves," cautioned the Pope. "One asks forgiveness, one asks it of another person and in confession, we ask forgiveness from Jesus." "Forgiveness is not a result of our efforts, but is a gift. It is a gift of the Holy Spirit who showers us with mercy and grace that pours forth unceasingly from the open heart of Christ crucified and risen."

".....but Father, I am embarrassed!" "Even embarrassment is good. It's healthy to have a bit of shame... it does us good, because it makes us more humble."

"Don't be afraid of confession," Pope Francis stressed. "When someone is in line for confession he feels all these things - even shame - but then, when he finishes confessing, he leaves (feeling) free, great, beautiful, forgiven, clean, happy." "The sacrament of reconciliation is a sacrament of healing," he pointed out. "When I go to confession, it's for healing; healing the soul, healing the heart because of something that I did to make it unwell." The Pope pointed to the biblical story of Jesus healing a paralyzed man, which expresses the "profound link" between "forgiveness and healing," since "the Lord Jesus is revealed at the same time as the physician of soul and body." He also recounted the parable of the prodigal son, who sought his father's forgiveness and was welcomed home with open arms. "But I say to you," he stressed to the many pilgrims, "every time we go to confession, God embraces us."



SOCIAL DANCING Back at T.O. Park each Monday, 8pm-10.30pm. 8th **Annual HONDA RUN at T.O. Park. THIS Sunday 14th September at 12.30pm.** Fundraiser for Mallow Hospital, Marymount Hospice & Developments at the Park. All small bikes welcome.

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Mitchelstown Toddler Group. We meet every Wednesday morning in the Town Hall from 10.30am to 12.00, there is a €2 cover charge per family.

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ELearning at Mitchelstown Library starting on **THIS Tuesday September 16**th from 1.30 pm - 3.30 pm. **FREE COMPUTER TRAINING** suitable for complete beginners. Library based learning blended with tutor support and a selection of workshops (2 hours per week) over 16 weeks. Please contact Edel on 087 3940145 or forms available from Library.

THE PRIORY INSTITUTE Bringing Theology Home. Don't just go to Church: BE THE CHURCH! Get ready by studying theology from home or in class. Application deadline is 22nd September. Contact us at: **The Priory Institute, Tallaght Village, Dublin 24. Telephone:** (01) 4048124 endown.prioryinstitute.com or www.prioryinstitute.ie

Genealogy Night Classes at Mallow College: Learn How to Do your Family Tree Enrolment with Tutors present on Monday Sept 15th at 7:30pm Davis College, Summerhill, Mallow. Enrol online at www.mallowcollege.ie and receive a discount, 022-43030 / 087.3589734

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BEGINNING EXPERIENCE: Beginning Experience is a specially designed Support Programme for men and women who have suffered the loss of a spouse by death, separation or divorce to work through the grief process, and to discover for themselves that merely "existing" in life can be transformed into "living" a new life, though a different one. The next weekend is being held in the Ennismore Retreat Centre, Cork from Friday 17th October to Sunday 19th October, 2014. For Application Forms and further details please contact 087 9886480 or email beginningexpeirence@gmail.com

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Monday Morning Club will resume after the summer break in Ballindangan Hall on Monday 15^{th} September at 10.30am. Usual cost of €2 to cover hall hire. Looking forward to seeing you there, bring a neighbour or a friend. Busy schedule ahead for autumn/winter.

COFFEE MORNING: Assumpta Roche is hosting her 20th Annual Coffee morning in aid of Marymount Hospice, at her home in Ballybeg, on Thursday 18th September, 9am to 9pm.

Everyone Welcome!

Art Classes - 8 week course in Acrylic and Oil painting. Morning or night time classes. Commencing on Tuesday night 30th September 7.30 - 10pm or Wednesday morning 1st October 10.30am - 12pm in Carrigeen, Kilbehenny Contact Deirdre Dunne 085-7844305 for more information.

Concert & Dance - Michael English & Band

Firgrove Hotel Mitchelstown. In aid of Fermoy Community Hospital.

Thursday October 9th 2014. Doors open 8 p.m. Music starts 9 p.m.

Tickets €15 available from the Firgrove Hotel, Clongibbon House Hotel, Riordan's

15 available from the Firgrove Hotel, Clongibbon House Hotel, Riordan's Supervalu Fermoy, Fermoy Hospital

Cobh Flower & Horticulture Club are holding a Festival of Flowers at St. Colman's Cathedral, Cobh on Saturday, 20th September from 11am – 5pm and on Sunday, 21st September from 1.30pm – 5pm. All proceeds towards restoration of the unique Telford Organ installed in Cobh Cathedral over 100 years ago. Your support would be greatly appreciated.

St. Joseph's Foundation will hold its Annual Cycle / Walk / Run Event on THIS Sunday, 14th September, at Bakers Road, Charleville, to raise much needed funds for the Foundation. The cycle will commence at 10am and Walk / Run at 11am. (Participants are asked to register not later than 20 minutes prior to the event). Your support would be greatly appreciated.

Ozanam Computer Centre - Computer Courses 2014/2015

Beginners, Intermediate, ECDL, Advanced ECDL, Basic Digital Photography, Web Design, FETAC Level 5 Bookkeeping, FETAC Level 5 Payroll, FETAC Level 5 Text Production, FETAC Level 5 Business Information and Administration, Beginners Typing, Skype, E-Banking, EBay and PayPal, Twitter, Facebook.

www.ozanamcomputers.com Telephone 025/84733

PHYSIOTHERAPY-LED PILATES CLASSES in Ozanam Centre, Mitchelstown starting **Wednesday 17**th **September**. Ante-natal/post-natal 6.45pm, Beginners 7.45pm, Intermediate 8.45pm. Contact Catherine on 085-7076585 to pre book.

Ancestor Research in the Parish Office: At present there are NO appointments left to view Parish Records through the Parish Office until the end of January 2014. If you wish to view Mitchelstown Parish Records they are available through Mallow Heritage Centre, 27/28 Bank Place, Mallow, Co. Cork Tel: (022) 50302. Website: www.irishroots.net or E-mail: mallowhc@eircom.net

Mitchelstown Library: On **Friday the 19th of September 2014** we will be hosting a free workshop suitable for teenagers hosted by GMCBeats. GMC is producer/rapper who runs Rap, Performance, Beat Making & Music Technology Workshops, the workshop will run from 3pm to 5pm. Places are limited so if you are interested can you please contact the library to reserve your place. Tel: (025) 41939. E-mail: mitchelstown.library@corkcoco.ie

Happiness will never come to those who don't appreciate what

they already have"