

CLERGY:

V. Rev. Canon Fitzgerald P.P., V.F. Phone: 025-84090.
V. Rev. Canon O'Leary P.E., C.C. Phone: 025-84088.
Rev. Fr. Greene C.C. Phone: 025-84077.
Parish Office: Phone: 025-84062.

E-MAIL: mitchelstownparishoffice@eircom.net

DEADLINE FOR THE NEWSLETTER IS 10AM WEDNESDAY

Office Open: 9 am to 12 noon – Monday to Friday.

Parish Website: www.mitchelstownparish.ie

Canon O'Leary is on Sick Call this week - Phone Number: 087 - 2524979

Drop in for people bereaved by Suicide - Our August drop in for people bereaved by suicide will held on **Monday 11th August, in the Cahill Room, Fermoy Community Resource Centre, McCurtain Street from 7.30 - 9.00pm.** This group has been running for two years on a voluntary basis and we welcome anyone who has ever lost a loved one through suicide, whether your loss is recent or occurred several years ago. The support comes from within the group, all of whom are similarly bereaved.

Blackwater Relatives Support Group - is a monthly support group for family members or friends who are living with someone with mental health difficulties. This support group is run by two HSE professionals on the 2nd Tuesday of every month. They provide a confidential place for family members and friends to meet and share their experiences. This group is about practical information and support. The August meeting takes place on Tuesday 12th August from 7.30 - 9.00pm in the Cahill Room of Fermoy Resource Centre, 42 McCurtain Street, Fermoy. For further information on the Blackwater Relatives Support Group please contact **Breda on 086 7714651.**

~~~~~~

Kilbehenny Cycling Club - Club Notes 4th August 2014

Tour de Suir 160km: Some members took part in the Tour de Suir in Clonmel on Sunday last and the sportive was well organised with the sunny weather adding to the enjoyment on the day. **Upcoming events:** Kilworth cycling club will hold their first event this Saturday, 9th August as part of the Kilworth Festival. Participants can choose from the 100km and 50km routes. **Sprocket Rocket:** We had our second night of the Sprocket Rocket programme last Friday and thankfully the showers stayed away at the right time – all participants are progressing very well in the course and we shall see you again this Friday evening at 7pm. **Club Cycles:** The club meets for cycles at 7pm on Wednesdays and from 9am on Sundays from Kilbehenny Community Centre. We cater for all ages and abilities, with three groups on offer: - A Group, B Group and Leisure Group.

Contacts Mary 086 603-3239; Tom 087 268-3587; Eileen 086 318-0962

Web: - <http://www.kilbehennycycling.com/> **Facebook:** - Kilbehenny Cycling Club

Mitchelstown Parish & Community Newsletter

Volume: 6 Issue: 9 Date: Sunday 10th August 2014

Youth 2000: Many young people flooded the town last weekend for the Musical Festival. Congratulations to all for a very well organised event. The young people happily strolled through the town carrying a selection of all kinds of equipment. But it was a happy and peaceful event for the youth. Young people are full of goodness and joy and we thank God for them.

Next weekend there will be another gathering of youth in the grounds of Roscrea College. It is the annual Youth 2000 Festival of Faith for young people, aged between 16-35. Young people from all around the country will gather to reflect on the meaning and purpose of their lives. Many presentations will be given to the young people and they will be led in song and prayer. We encourage young people to take time out for this important event. Many of the fears of young people will be addressed over the weekend and the healing of the Lord will be present. All you need to bring is a sleeping bag and a donation would be appreciated. **Registration begins at 8.00pm Thursday August 14th.** But you are welcome to any of the days. The event concludes on Sunday August 17th at 4.00pm. We ask parents and grandparents to bring this special event to the attention of the youth and to support them in getting to the event. Contact Nollaig at (087) 6527033.

Mass at the Grotto: AS we approach the great Feast of Our Lady's Assumption into Heaven, Friday August 15th, we will gather on **Monday evening, August 11th at Cahill Hill Grotto**, to pray the Rosary at 7.10pm and to offer the Holy Sacrifice of the Mass at 7.30pm. A limited number of seats will be available. We will also renew the consecration of the Parish to the Immaculate Heart of Mary. We invite you all and your families to gather for this celebration on this Monday night.

Holy Day of Obligation: Friday is the Feast of the Assumption of the Blessed Virgin Mary. Vigil Mass Thursday evening at 7.30pm. Masses on Friday as on Sunday in all three Churches. The death of Our Lady was a moment of Glorious entry into Heaven, Body and Soul, where she intercedes for us. This catholic teaching was defined by Pope Pius XII on November 1st, 1950.

Begin Each Day By Saying.....

Mother Mary, with complete confidence I entrust myself and my life to your Immaculate Heart. Watch over me and protect me from every danger. Keep me close to you and to Jesus. Amen.

Join us for a Unique Musical Event. Celebrate An Autumn Evening in St. Patrick's Church, Glenbrohane on Monday, 18th August at 8pm (Doors open at 7.30pm) Featuring Deak Rivers, Gospel Singer from UK, Bel Canto Choir, Mitchelstown / Cork City. Tickets €10 available from Noirin 087-9291794, Theresa 087-7983412, Book on or before August 15th. Hosted by Glenbrohane Community Association. Donations to Crumlin Children's Hospital and Local Community Needs. Tea and Refreshments on the Lawn.

FREE PRESCHOOL YEAR - Commencing September 1st 2014.

Early drop off and snack included. No extra fees.
For bookings call 025-86799 or text 086-2653839

SHAPE UP FOR OVER 55'S Why not join a Tone Up Class for seniors over 55's being conducted weekly at Tesco, Mitchelstown on Wednesdays 7-8pm Based on improved mobility, toning, balance, flexibility, fall prevention etc. Contact 087.3589734

Ballyhoura Development is currently offering two exciting new courses. The Outdoor Recreation FETAC Level 5 full time course in conjunction with SOLAS will commence this September in Kilfinane and will be run over a 9 month period. Also, the Logistics and Distribution Training Level 5 full time course in conjunction with Cork Education and Training Board will commence in September over a 9 month period in Mitchelstown. Both of these are new and exciting, and there is a great interest in them, so places are filling up quickly! To apply, contact Anisa on 063 20555 or e mail amoynihnan@ballyhoura.org

MITCHELSTOWN HEALTHY TOWN WALKING: Every Tuesday safe guided walks are conducted from John Mandeville New Square at 7pm covering 3 km -5 km routes. A good aerobic walk for 30 minutes will enhance physical and mental well being. Why not switch off the TV and invite family / friends to join in. It's all free for God's creatures in the fresh air.

Trócaire's Door-To-Door Fundraisers will be in your area for a couple of days during August/September 2014. The Fundraisers are clearly identifiable, as they will be wearing a blue branded Trócaire jacket. Also, each fundraiser will be carrying photo ID.

The purpose of their visit to your area is to raise awareness of the work Trócaire does and to ask people if they would like to support Trócaire on an ongoing basis. Trócaire works with the poorest families and communities in Africa, Asia and Latin America, helping to build better futures. Please support this campaign if you can. To find out more about Trócaire's work, please visit our website, www.trocaire.org. If you have any queries, please call: Susan Kirk, Trócaire, Maynooth, 01-6293333.

Get your Holiday Reading at the **Ozanam Shop**, Thomas Street. 025 84733.
Fiction €2, Non-Fiction €1, Children's Books 50c. All proceeds go to the St. Vincent de Paul Society.

Mitchelstown Cope Sensory Garden. The launch for the opening of this very special garden for very special people will take place on **THIS Sunday 10th August 2014, 2.30pm to 4.30pm** with official opening at 3pm, at Cope Residence and Garden, Ballinwillin.

MONSTER GALA DAY ALL PROFITS TO THE IRISH CANCER SOCIETY:

On **Sunday August 17th 2014** we will hold a **10K Fun Run** this is part of our Gala Day Events, Proceeds to the Irish Cancer Society. Registration is (€15p.p.) and this will take place at **T.O. Park., Community & Sports Complex, Labbamologga, Knockadea. On Sat 16th August from 12-1pm & Sunday, 17th August ... From 11am to 12noon and the RUN will start at 12:30pm Approx.** Thank you for your support. Registration Info contact Claire O'Brien Organizer, Mobile.087-3833335.

After the RUN the Gates to the Gala Day will open at 1-30pm

VOLUNTEER IN AFRICA – Humanitarian Volunteers are looking for volunteers to travel to East Africa in Sept 2014. The volunteers will work on a humanitarian project for two weeks. No experience required and no age restrictions. No large fundraising. Volunteers will pay their own costs. In addition, the Group will visit the resting place of the Venerable Edel Quinn during the mission. Contact Denis – 086 8520271.

Looking for a new and exciting change to your career?? Then Ballyhoura Development Ltd has a wide range of fantastic courses available to suit everyone!! These will provide participants with a recognised qualification on completion. In conjunction with both SOLAS and Cork Education Training Board, we are offering courses in Retail Skills FETAC Level 4, Outdoor Recreation FETAC Level 5, Logistics and Distribution FETAC Level 5 and finally, Catering Skills FETAC Level 4. These are full time and run over a 9 month period commencing in September. To qualify for a place, you must be unemployed at the time of applying. Places are filling quickly in all of these, so if you are interested in applying contact reception on 063 20555 or e mail amoynihnan@ballyhoura.org.

Team Leaders and Collectors Required: Barnardos Children's Charity are looking for Team Leaders to help coordinate a collection for Barnardos in Mitchelstown on Friday September 19th and help raise €100,000 for disadvantaged children and their families in communities around Ireland. For more information contact Sarah on 1850 222 300 or email fundraising@barnardos.ie

*"Holiness doesn't mean doing extraordinary things,
But doing ordinary things with love and faith" Pope Francis*

The Sue Ryder Foundation: This week we are starting a stock clearance sale. All ladies, kids and men's clothes plus linen and curtains are half marked price. Books are 50c each or 3 for €1. Please call into Lower Cork St. and bag a bargain. We are currently looking for volunteers. So if you have any time to give us, it would be gratefully appreciated. We are always grateful for donations. These include clothes, Bric a Brac and books. We also welcome furniture and collection can be arranged. There are approximately 300 residents in our care with an average age of 84 years in our homes located throughout the country.

Thank you for your continued support. The Sue Ryder Foundation