SHAPE UP FOR SENIORS (OVER 50'S) A Keep Fit Class for seniors over 50's is being conducted weekly at Tesco, Mitchelstown on Wednesdays 7-8pm. Based on improved mobility toning flexibility, fall prevention etc. To register contact 087-3589734

FUN AEROBICS FOR PARENTS Tuesdays at 9.30am in St. Fanahan's gym, Fun circuits and team games. Graded to suits beginners upwards.

COMMUNITY GAMES - Project

Under 11 - My County - Present a project based on your own county; Outline some defining features of your county, its history, and any other information and images which you deem necessary.

Or Endangered Animals of the World of your choice.

U13- The Role of the Internet. Research and present a project based on history of internet, exploring its development over time and the influences it has had on many different aspects of life. E.g. Education/Business/Social

U16 - Research and discuss the influence pop music and the culture surrounding it has on young people today.

Entry by Feb 28th to Ballyhoura Office. Contact 087.3589734 for the 47 cultural & sporting event details.

P.T.A.A. Private Members Draw Results Wednesday 15th January 2014:

<u>1st Prize:</u> €1200 J. Crossan, Letterkenny, Co. Donegal

2nd Prize: €400 S. O'Kane, Cookstown, Co. Tyrone.

3rd **Prize:** €200 G.P. Jackson, Belfast.

<u>**4th Prize:</u>** €100 Assumpta Roche, Ballybeg, Mitchelstown, Co. Cork. Six Promoters Prizes of €40 each;</u>

- 1. S. Farrell, Dublin 3.
- B. Cuddy, Glinsk, Galway.
- 3. John Casey Mitchelstown, Co. Cork.
- 4. N. Boyle, Ballybane, Galway.
- 5. Emer Howard, Fermoy, Co. Cork.
- 6. C. Sheridan, Creeslough, Co. Donegal

The next draw will be held on Wednesday 19th February 2014 The private members monthly draw which anyone may feel free to join has been held over the last number of years, proved most successful as a national fundraising event. Membership is €7 per month. Those wishing to join, can do so by contacting any member of Mitchelstown Pioneer Council or local promoter John (087) 6477897. We thank you for your financial assistance in the past and look forward to your support in the future. Best of luck to all in the draw.

Diocese of Cloyne Mass for Feast of Our Lady of Lourdes will be held in **The Most Holy Rosary Church, Midleton, on Tuesday, 11th February at 8pm**. All welcome.

Mitchelstown Parish & Community Newsletter

Volume: 5 *Issue*: 37 *Date*: Sunday 9th February 2014

What is Happening? This is a question on many people's lips this past week, because of the persistent storms, floods, wind and rain. Some say it is climate change, some say it is caused by global warming and some say the wrath of God is upon us. But, whatever the answer and explanation is, perhaps the best answer can be found in the Gospel of Mark, chapter 4:35-41, the calming of the storm. Jesus is with His disciple in the boat asleep and there was a mighty storm on the lake. The disciples woke Him and pleaded for His help. Jesus awoke and calmed the storm and rebuked his disciple for their lack of faith, which made them say: "Who can this be? Even the wind and the sea obey him" The lesson, of course, is that God awaits our call. God is waiting for our prayer. But have we strength to pray? Have we faith to pray? Have we the humility to pray? Have we the time to pray? Parts of England are now under water for a month. The answer is prayer, God alone can and will protect and deliver us, if calle upon. While we pray for an improvement in the weather this weekend, let us especially pray for all who have suffered and are suffering. Let us give thanks to God that we have not been badly affected in the Mitchelstown area. "In the quiet of prayer we learn how to keep God's love Alive in the world".

Fr. (Piotr) Peter: Fr. Peter (Piotr) Prusakiewicz, of the Congregation of St. Michael the Archangel, Warsaw, Poland. He is regarded as a world renowned expert on Divine Merra and the Holy Angels. He was born in Poland in 1963 and ordained priest on May 23 1990. He speaks very good English. From 1993-1996 he served as Chaplain to the congregation of the Sisters of Our Lady of Mercy in Warsaw, where St. Faustina begather religious life. Here he learned much about her character, trails, spiritual battles are revelations given to St. Faustina. Fr. Peter has for 14 years travelled the wor proclaiming and explaining the Divine Mercy devotion and more recently the Holy Ange **On Thursday, February 20th Fr. Peter will visit Mitchelstown** and lead us reflection and prayer in the Parish Church: Holy Mass 7.30pm. Talk 1 (Homily) or Divine Mercy, after the Mass Talk 2 on St. Faustina. All are welcome.

Pilgrimage to the Holy Land: There will be a pilgrimage to the Holy Landow November $10^{th} - 18^{th}$. Spiritual Director Canon Michael Fitzgerald. Details from Marian Pilgrimages or contact Eileen 086 - 3044456 or Nuala 087 - 2313762.

ST. JOSEPH'S YOUNG PRIESTS SOCIETY Meeting this Monday, 10th February, at 7 p.m. In Marian Hall, Convent Hill. *New Members always welcome.*

Mitchelstown Community Playgroup: Enrolments are now being taken for the School Year 2014/2015. If you wish to enrol your child, please contact the school at 087–3377 618 or Mary Milward at 086-883 2533. Open day on March 12th from 10.30am to 12.30pm.

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Sandbucket Theatre is a new venture set up by Mary Cooney and Leonard Skinner. It focuses on building self-esteem and confidence in children and young people using drama skills. Leonard is a qualified teacher as is Mary; in addition Mary is also a counsellor. It is our belief, based on experience that children learn best in a secure environment where they interact with their peers and have fun. We have recently started a new course in drama skills, in Mitchelstown on Thursdays in the Town Hall from 3 to 4.15pm. It is aimed at primary school children from third class up and the cost is €5 per child per session. For full details of all our courses please check out our website, www.sandbuckettheatre.com or telephone 086 078 0297 for enquiries.

C.B.S. Primary Parent's Council present our 28th Annual Fashion Show.

Firgrove Hotel, **Friday**, **7**th **March** at 8pm. Models by Hilary Thompson & some "Familiar Faces". Local Stands on Display. Cheese & Wine Reception. Raffle on Door Ticket. Tickets €15 available from the School Office or any member of the Parent Council. Your support would be greatly appreciated.

BALLINDANGAN COMMUNITY COUNCIL AGM Saturday 15th February immediately after 7pm Mass

Looking for volunteers! As some of the current Community Council members will not be seeking re-election we are looking for people to come forward. This meeting is important for all who live in the Ballindangan area. If new officers can't be appointed at the AGM there is a real possibility that the Community Centre will have to close until such time as new officers are appointed. We would very much wish to avoid this situation. Your community support is greatly sought.

Life in the Spirit Seminars. Tuesday's 7.00-8.30pm St Brigid's Presentation Primary School, Midleton Introductory night: 11th February. Seminars 28th February – 8th April inclusive Contact Damien (087) 1207410 or Willie (087) 3863198 "With joy you will draw water from the wells of salvation" Is 12:3

A very sincere "Thank You" to the many people who supported the recent" Bring and Buy Sale" at Tesco in Mitchelstown in aid of Cope Sensory Garden. We are very grateful for the wonderful generosity of so many people in giving of really lovely items for sale and to the people who bought items and gave donations. Thank you to the staff of Mitchelstown Tesco for offering their venue and making this fundraising such a success.

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Kerry Author and Historian Patrick Mannix will lecture on "Archbishop Mannix and De Valera - A Unique Alliance" on Tuesday next February 11th at 7:30pm in Killarney Library, Rock Road. All are most welcome to this Kerry Archaeological and Historical Society talk as part of their Decade of Commemorations programme.

A History of the Medieval Diocese of Cloyne by Paul MacCotter and published by Columba Press is now available. This study deals with the early ecclesiastical history of the diocese of Cloyne down to the early 1600's. The work includes an appendix where core material for parish history is given under the headings of the 133 medieval parishes found in the diocese.

A History of the Medieval Diocese of Cloyne is for sale at €25 per copy.

Kerry Author and Historian Patrick Mannix will lecture on "Archbishop Mannix and De Valera - A Unique Alliance" on Tuesday next February 11th at 7:30pm in Killarney Library, Rock Road. All are most welcome to this Kerry Archaeological and Historical Society talk as part of their Decade of Commemorations programme.

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Bright Sparks: **Special Valentines Camp for 4 to 8 year old**. Monday to Friday 17th to 21st February (midterm break). Dress up day love heart buns valentines' arts and crafts healthy heart day a lovely movie day. €12 per day or €50 for the week. 9am to 12pm please book on 025 86799

FETAC Level 3 Childcare, *Mitchelstown*. Child Development & Play (3N0611) Caring for Children (3N0610). Commencing Monday 10th February 2014 Monday Nights (7pm – 10pm) (022) – 42322 or (086) 6823717

B.T.E.I. (Back To Education Initiative) FETAC Level 4 Organic Horticulture

Mondays & Tuesdays from late February 10.00am to 3.00pm For 30 Weeks (Feb-Nov) Venue: Q Centre, Mallow This Part-time Programme is FREE for: Those receiving a Social Welfare Payment or those with a Medical or GP Only Card. Those without Leaving Certificate. Others pay €100.00 per component (priority given to those free). To apply, contact: BTEI Co-ordinator Q Centre, Quartertown, Mallow Tel. 022-55452/42322

The Suicide Prevention Resource Office offers a **3 hour** workshop in safeTALK **training** for persons <u>aged 18 years or older</u> who are interested in supporting people who may be at risk of Suicide. The **venue** for the training is: **The Firgrove Hotel, Mitchelstown, Co. Cork from 7pm to 10pm on Thursday 27th February 2014.**

Booking: Booking a place on this training can be done by contacting local organiser contact Ailbe Coleman on 086 78149849 or at <u>mitchelstownyouthcafe@hotmail.com</u>.

Cloyne Diocese Pilgrimage to Lourdes: 1st to 6th June: Booking contact Joe Walsh Tours, 021-4277959. Sick/Assisted Pilgrim application forms are available from the Parish Secretary, 27/28 Bank Place Mallow, Phone: 022 20276

Cloyne Pilgrimage to the Fatima 8th to 15th September 2014 from Cork. Contact Pilgrimages Abroad, Lauri Duffy Travel, Dublin 01– 6359300 or Nora Culloty, Mallow 022-42877

The Diocesan Pilgrimage to Knock is on Sunday, 11th May. Parishes to make their own travel arrangements.