BTEI (Back To Education Initiative) are running the following programmes in the North Cork area. Part-time adult education is critical to those who are eligible to join BTEI Programmes (Medical Card holders/Social Welfare recipients and early school leavers). BTEI proposes to run the following across North Cork:

FETAC Level 4-Security training. FETAC Level 4-Introduction to childcare studies. FETAC Level 4-Introduction to Art/Craft. FETAC Level 3-Food and Cookery. FETAC Level 4-Introduction to Social Studies. FETAC Level 3/4 - Organic Horticulture. City & Guilds Level 4 Care in the Home training. ECDL Computers. FETAC Level 4-Introduction to Youthwork facilitation. The proposals reflect priorities under BTEI in relation to the delivery of provision leading to certification at FETAC Level 3 and Level 4. It also identifies provision that has specific outcomes for the recently unemployed who are seeking to up skill and progress to further education or full-time training. For more information, please contact. Brendan Glynn, BTEI Coordinator North Cork, Mallow Return To Education Centre, Lower Beecher St, Mallow, Co Cork.

Tel: 022 55452. Mobile: 086 3629199. FAX: 022 51987 Website: www.cocorkvec.ie Email: bglynn04@eircom.net

B.T.E.I. (Back To Education Initiative) FETAC Level 4 - Organic Horticulture Tuesdays from October 6th - 10.00am to 3.00pm - For 10 Tuesdays Venue: Nano Nagle Centre Killavullen

Course FREE for: Those receiving any Social Welfare Payment. Those with a Medical Card/GP Only Card. Those without Leaving Certificate. Others pay €100.00 (priority given to those free). To register, contact: BTEI, Mallow Return To Education Centre. Tel. 022-55452

C.B.S. SECONDARY SCHOOL PARENT COUNCIL AGM is being

held next **Wednesday** 7th **October at 8.00pm** in the school assembly room. All parents/guardians with boys at the school are invited to attend.

Ballyhoura Advocacy Service (Disabilities)

An independent, free and confidential Advocacy service for people with disabilities is being provided by an advocate, Mary Carroll, in the Ballyhoura area (East and South County Limerick and North Cork). By working in partnership with you the advocate can help you access information about your rights, entitlements and services in relation to your disability. The advocate can also support you to make decisions, help make your wishes heard and will represent you if necessary. **You can meet with**

the advocate, by appointment, at the Ozanam Centre, Mitchelstown on

<u>Thursday 8th October.</u> If you would like to make an appointment or have any queries about the service please do not hesitate to contact **Mary - Tel: 063** 30532; mobile: 087 2499090 or email: <u>m.carroll@ballyhoura.org</u>.

Newsletter printed in **Parish Office**, **Parochial House**, **Convent Hill**, **Mitchelstown**, **Co. Cork** E-mail: <u>mitchelstownparishoffice@eircom.net</u>, Phone or Fax: **025 / 84062** <u>Deadline is 12 noon Wednesday</u> **Office Hours: 10 a.m. to 12 p.m. Monday to Friday**

Mitchelstown Parish & Community Newsletter

Volume: 1 Issue: 21 Date: Sunday 4th October 2009

More Information Re Tax Refund Scheme- continued from Issue 19:

If you go to Mass in a neighbouring parish some Sundays, you can still use your own parish's envelope & it will be returned to your native parish. Also, because one family member comes to one Mass (while giving in their contribution in the envelope) in their parish, & the other family member goes to a different Mass, the latter should not feel embarrassed at not putting something in the basket, as it passes by. Also, no parishioner will be forced to use the envelope system. Contributions put loosely in the basket are just as appreciated as those in the envelope. But, most people will realise that, not to avail of the tax refund is a missed opportunity for the parish.

It is now reasonable to ask how these new found funds will be used. Well suffice to say, that such monies will help the parish & the diocese play catch-up. What I mean is that, as in all walks of life, price inflation has over the years affected the balance of payments in church incomings/outgoings. Income has not always kept pace with such inflation & to finance day to day expenditure it has occasionally meant resorting to depletion of old monies saved. Now, with your cooperation, we can hope to make some progress in balancing the books each year.

In this regard, you as a parishioner participating in this scheme will receive (1) A receipt for all monies donated/recorded in your parish.

(2) You will also annually receive a copy of the parish balance sheet. You will see for yourself that all monies collected in your parish are expended in such routine areas as parish property upkeep, lighting & heating of these buildings, insurance, the education of seminarians & the welfare of sick priests. Also, a fixed annual contribution to the cost of administration of the Diocesan Office, which provides routine support to our parishes, e.g. liturgy programmes & pre marriage courses.

This tax refund system, is already being successfully operated in other parishes / dioceses (& religions) in Ireland & abroad. Such parishes have noticed that where income is now collected by envelope, parishioners have generously rallied round to increase their personal weekly/occasional contributions towards ensuring the parish receives the benefit of the tax refund scheme.

Once the new system is up & running, as in other parishes/dioceses, it will become a routine part of the administration of the parish. The Envelope System will

(a) Help maintain adequate parish income, and

(b) The recording of all income will facilitate, on paper, full accountability of all parish income & expenditure. It goes without saying, this scheme, which is an individual relationship between you & your parish, will be conducted in a <u>professional & confidential manner</u>.

If you wish to get more information on this system, you can e-mail the author of this article, which was published in Pobal Dé in 2006, Mr. John Hurley, **<u>imhurley@eircom.net</u>**

(The Diocesan Finance Council, which includes the Bishop, Priests & Lay Members, have as a group, researched & approved this parish by parish initiative)

CLERGY:

Rev. Fr. Fitzgerald P.P. Phone: 025-84090 Canon O'Leary Phone: 025-84088 Fr. Greene Phone: 025-84077 Parish Office: 025-84062 Priest on Sick call this week is: Fr. Fitzgerald Emergency Contact Number: 087 - 2524979

Eucharistic Healing Hour of Adoration: A public hour of Adoration will be held in the Parish Church. Every Thursday night from 9 p.m. to 10 p.m. Special Prayers for Healing For the Community & the World.

PRESENTATION SECONDARY SCHOOL PARENT COUNCIL AGM is being held next Tuesday 6th Oct. at 7.30pm. All parents/guardians with girls at the school are invited to attend.

CONFESSION TIMES:

Mitchelstown: Sat, Eves of Holydays & Eves of 1st Fridays. 12 noon to 1pm & 7pm to 7.30pm *Ballygiblin:* 1st Friday 7 p.m. *Kilacluig:* before 1st Friday Mass.

MASS TIMES:

Church Of Our Lady Conceived Without Sin, Mitchelstown:
Sat & Eve of Holyday: 7.30pm
Sunday & Holyday: 8.30am 10.30am 12 noon & 7.30pm
1st Friday: 7.30pm - Weekday: 8.30am & 10am
Church of the Holy Family, Ballygiblin:
Sunday & Holyday: 9.30am - 1st Friday: 7.30pm

St. Joseph's Church, Killacluig: Sunday & Holyday: 10.30am - 1st Friday: 8.15pm Morning Prayer in Parish Church: Monday to Friday at 8am <u>Rosary in Parish Church:</u> Mon. to Sat. at 9.45am Before: 10am Mass

Local Macra Club Ballyhoura Ballyhoura Macra Club covering Mitchelstown, Kildorrery, Ballyporeen, Araglin, Ballindangan, Doneraile, Ballyorgan and surrounding areas. Our next club meeting will take place in Walsh's Bar Mitchelstown (Cleary's) on October 9th. All members asked to attend as there is a lot to discuss and affiliation forms will be due. New members are always welcome. Macra Na Feirme is a voluntary organisation for young people between the ages of 17 and 35. There is also patron membership for any over the 35 mark who would still like to support the local club. To get involved contact any committee member/Macra member/Ger on 0876534567 or e-mail ballyhouramacra@o2.ie . Check out Ballyhoura Macra on www.ballyhouram.bebo.com www.facebook.com. The Avondhu and The Corkman. Caitríona Fox, Club P.R.O.

Fr. Liam Lawton ~ Music Workshop:

Liturgical & Sacred Music Composer Fr. Liam Lawton has launched a new collection of music called Healing Song. In conjunction with the launch, Liam will conduct a series of Choir Workshops throughout the country. This is a collection of liturgical songs based on the theme of Healing. It includes music for Sunday Liturgy, music for Healing of the Sick, music for Funerals & Weddings & music of Praise & Thanksgiving to God.

At the Workshop, each participant will receive a Book of the new music which includes Piano & Choir Parts with Guitar Chording. CD's of the new music will also be available. *Nearest workshop coming soon is:*

<u>Venue:</u> ST. PATRICK'S CHURCH, ROCHESTOWN, CORK. <u>Date:</u> WEDNESDAY 21ST OCTOBER 2009 <u>Time:</u> 8.00 p.m. <u>Contact:</u> 021 – 4537600 <u>Admission:</u> €20 (which includes the full music book)

Family & Life

The annual **Day for Life** will be observed in Ireland this year on **Sunday**, **4**th **October**. The specific theme which the Bishops have chosen for the Day for Life this year is suicide. It would be appropriate on this day to remember those women who have endured the trauma of abortion, many of whom have suffered adverse mental health consequences.

Why some people think about suicide.

Suicidal thoughts are not uncommon but most people don't act on these thoughts & feelings of despair. For some, these thoughts & feelings may happen after experiencing bereavement, relationship breakdown, the loss of a job, financial pressures or following emotional or sexual abuse. For others, it is a profound fear that they will be unable to cope with whatever has disturbed their peace of mind. Sometimes these thoughts occur without any apparent reason.

People with serious mental illness, such as schizophrenia, bipolar disorder & clinical depression or people who are dependent on drugs or alcohol are more likely to try to take their own lives. They may need specialist & sometimes intensive medical & psychosocial care either in hospital or in the community. Sometimes they may have little insight into their condition & urgent specialist help will need to be requested by a family member, friend or colleague.

Some people who are terminally ill or severely disabled may feel their life is no longer worth living, even that they are a burden to their family. Others fear that they will experience great suffering in dying. What is needed is a response of love & care by family, friends & the wider community, & the assistance that good palliative care can offer. Assisted suicide is not the answer; it would only compound any sense of hopelessness & undermine the absolute value of every human life. Assisted suicide is illegal, & a change to the law would place pressure on vulnerable people – including those who are elderly, disabled, depressed, terminally or chronically ill – to request assisted death.

Sometimes suicidal feelings may arise from a sense of loss or abandonment by God, worthlessness, a lack of meaning in life & an inner emptiness. Or it may be an overwhelming sense of guilt, or of low self-worth, of insecurity & purposelessness. Prayer, opportunities for spiritual conversation, the sacrament of reconciliation & the support of family & the parish community are very important.

'The Church is increasingly aware of the pressures that bring people to attempt suicide & which reduce the moral culpability of their actions'. (Cherishing Life, 182)

If you are concerned about someone with suicidal feelings, phone the Samaritans or consult your GP. Samaritans 1850 60 90 90. For more resources & support visit the Samaritans website <u>www.samaritans.org</u>

Mitchelstown Lions Club has one <u>Disabled Kitchen</u> & one <u>Disabled Scooter</u> available for any person with the need for them. For more details please contact: Seán Hyland @ 025 84514

between 9.30am & 5.30pm Mon to Fri. **ST. GEORGE'S CHURCH OF IRELAND** is holding their <u>Harvest Thanksgiving Service</u> this **Sunday Oct 4th at 7.30pm** followed by light refreshments. Everyone welcome.

Mitchelstown Ladies Football Notes -Upcoming Quiz: We are holding a fundraising quiz in the Hunters Rest on Friday 9th October at 9.30pm. €30 for table of 4. Your support would be greatly appreciated.